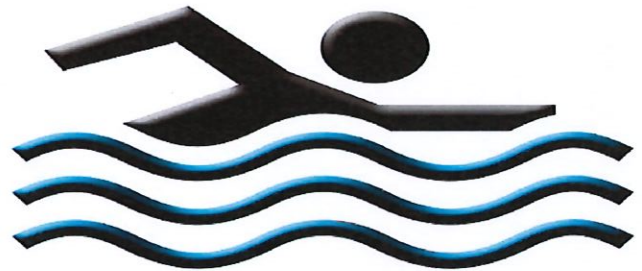


Town of Fort Kent Recreation & Parks Dept.

2023 Summer Rec & Swimming Lessons Recreation Guide



Follow us on Facebook - Town Of Fort Kent Recreation and Parks

www.fortkent.org/recreation-and-parks

416 West Main Street

Fort Kent, ME 04743

Office 834-3730

Jalbert Park 834-5773

Pool 834-3269

2023 Recreation Programs Registration Form

Please Return the Form Filled Out

Complete One Form Per Child

REGISTRATION FORMS ACCEPTED STARTING MAY 22nd, 2023 AT THE TOWN OFFICE

PROGRAM SELECTION OPTIONS

Summer 2023

Place an "X" next to the programs you'd like to participate in

Example with red X's

| | Event | Age Group | Tue & Thur @ Jalbert | Event | Age Group | Mon, Wed, Fri @ Riverside |
|-----------------|----------------------------------|--------------|----------------------|--|-------------|---------------------------|
| 8-8:30 AM | BREAKFAST PROVIDED BY SAD27 | | | THE REC IS NOT RESPONSIBLE TO KIDS BEFORE 8:00AM | | |
| 8:30-9:20AM | Arts & Crafts | (ages 5-8) | X | Soccer | (ages 5-8) | X |
| | Drawing & Painting | (ages 9-14) | | Basketball | (ages 9-14) | |
| | T-Ball | (ages 4-6) | | Board Games | (ages 5-8) | |
| | Tennis | (ages 5-9) | | Nature Hike | (ages 5-14) | |
| | School Yard Games | (ages 5-14) | | | | |
| 9:30-10:20AM | Arts & Crafts | (ages 9-14) | | Soccer | (ages 9-14) | |
| | Drawing & Painting | (ages 5-8) | X | Basketball | (ages 5-8) | X |
| | Tennis | (ages 9-14) | | Board Games | (ages 9-14) | |
| | Archery | (ages 7-10) | | Cornhole | (ages 7-14) | |
| | Science & Experiments | (ages 9-14) | | Dance | (ages 5-14) | |
| 10:30-11:20AM | Science & Experiments | (ages 5-8) | X | Track & Field | (ages 5-10) | X |
| | Archery | (ages 11-14) | | Flag Football | (ages 9-14) | |
| | Dodgeball | (ages 5-9) | | Pickleball | (ages 9-14) | |
| | Kickball | (ages 10-14) | | Street Hockey | (ages 5-10) | |
| | | | | Yoga | (ages 5-14) | |
| 11:20AM-12:30PM | LUNCNCH PROVIDED BY SAD27 | | | | | |
| 12:30-1:20PM | Kickball | | | Badminton | | |
| | Dodgeball | X | | Tag Games | X | |
| 1:30-2:20PM | Hobby Projects | X | | Minute-to-Win-it | X | |
| | Wiffleball | | | School Yard Games | | |
| 2:30-3:20PM | Backyard / Schoolyard Games | X | | Cornhole | | |
| | Volleyball | | | Trivia/Quiz Show | X | |
| | KIDS MUST BE PICKED UP BY 3:30PM | | | THE REC DEPT IS NOT RESPONSIBLE AFTER 3:30PM | | |

Name - _____

Age - _____

Address - _____

Phone - _____

Medical Insurance - _____

Policy # - _____

Yes, I give my child permission to participate in the Town of Fort Kent Recreation Programs. In case of injury or accident, I absolve the Fort Kent Recreation Dept. and all others connected in anyway with the operation of the program of any damages.

Signature of Parent or Guardian - _____

Printed Name - _____

Date - _____

Swim Lessons

2023

Options

Example in Red

| Swimmer's Name | Phone # | Days | Time | Swim Level | Session | Cost |
|----------------|---------|-----------------------|------------------|------------|-------------------|------|
| Tim | | Monday through Friday | 9:00 - 9:50 am | 1 | 6/26/23 - 7/7/23 | \$20 |
| | | Monday through Friday | 10:00 - 10:50 am | | 6/26/23 - 7/7/23 | \$20 |
| Tim | | Monday through Friday | 9:00 - 9:50 am | 1 | 7/10/23 - 7/21/23 | \$20 |
| | | Monday through Friday | 10:00 - 10:50 am | | 7/10/23 - 7/21/23 | \$20 |
| | | Monday through Friday | 9:00 - 9:50 am | | 7/24/23 - 8/4/23 | \$20 |
| Tim | | Monday through Friday | 10:00 - 10:50 am | 1 | 7/24/23 - 8/4/23 | \$20 |
| Jen | | Tuesday & Thursday | 11:00 - 11:50 am | 1 | Mommy & Me | \$30 |
| | | Tuesday & Thursday | 11:00 - 11:50 am | 1 | Water Aerobics | \$30 |

ADDITIONAL INFORMATION

| Parent's Name - Print | Signature | Address | Email | Health Ins. | Notes | Total |
|-----------------------|-----------|---------|-------|-------------|-------|-------|
| | | | | | | \$90 |

____ Yes, my child has my permission to participate in the Fort Kent Recreation and Parks Department Swimming Lessons Program.

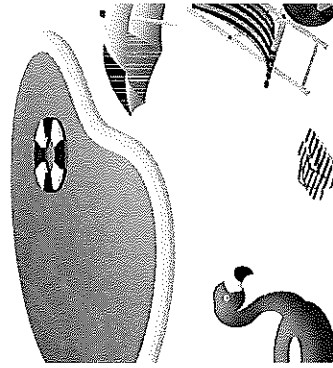
In case of injury or accident, I absolve the Fort Kent Recreation and Parks Department, and all others who are in any way connected with program from damages.

Town of Fort Kent Recreation & Parks Department 2023 Summer Program

"Let's Get Outside & Active"

* Summer Recreation Programs on Monday - Wednesday - Friday will be held @ Riverside Park.

* Summer Recreation Programs on Tuesday - Thursday will be held @ Jalbert Park.



FREE Breakfast & Lunch will be available daily provided by **SAD 27 and the Fort Kent CHS Cafeteria**

Staff will pick up the breakfasts & lunches daily and bring them to the kids at the park.
Breakfast served from 8:00-8:30 am
Lunch served from 11:20 am-12:15pm

Registration Information:

"In Person" Registration can be done at the town office during regular business hours.

Starting May 22nd, 2023

Fees

Recreation Programs - Residents \$100.00
 - Non-Residents \$110.00
 - Visitor's Pass \$5.00/day

*Sliding Scale is available with a meeting with the director

Swimming Lessons - Residents \$20.00
 - Non-Residents \$25.00
 Per 2 Week Session
 (can sign up for multiple to keep lessons going.)

Swimming Pool Open Swim - Daily \$3.00

Resident Rates
 - Individual Season Pass \$40.00
 - Family Season Pass \$80.00

Non-Resident Rates
 - Individual Season Pass \$45.00
 - Family Season Pass \$90.00

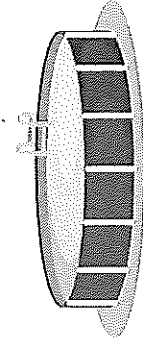
(Family Pass includes children in family + 2 adults)

Summer Program Dates

Recreation Programs & Swimming Lessons will start on **June 26th, 2023** and finish on **August 4th, 2023**

Town of Fort Kent Recreation & Parks Department 2023 Summer Program

General Swim Hours
 Monday thru Saturday 1:00 - 4:00pm
 Tuesday & Thursday 6:00 - 8:00pm
 Mon & Wed Adults Only 6:00 - 8:00pm
 Sunday CLOSED



www.townoffortkent.com

Swimming Lessons will begin on **Monday June 26th and end on Friday August 4th.**

Swim Class Options

(Big Change) :

All Levels (1-6) will be taught 5 days a week with a two week structure of training with the possibility of moving up for the next two week session. Space is limited!

Sign up for multiple sessions!

Monday through Friday 9:00-9:50
 Levels 1 through 6
 Monday through Friday 10:00-10:50
 Levels 1 through 6

Swimming Lessons

Level 1 - Introduction To Water Skills
 Swimmers become comfortable with the water safely.

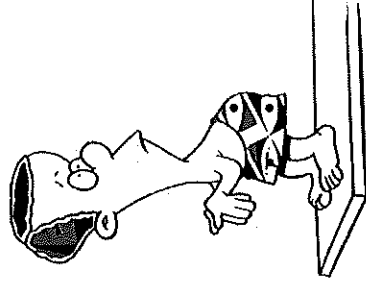
Level 2 - Fundamentals of Aquatic Skills
 Children learn basic swimming skills.

Level 3 - Stroke Development
 Additional guided practice will help students improve their skills.

Level 4 - Stroke Improvement
 Kids will gain confidence during swim lessons, improve their stroke and gain additional aquatic skills.

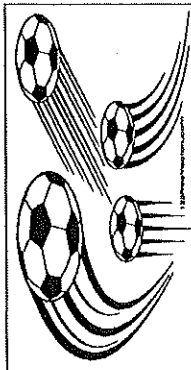
Level 5 - Stroke Refinement
 Guidance allows kids to refine strokes and become more efficient swimmers.

Level 6 - Swimming & Skill Proficiency
 Students will learn to swim with ease and efficiency and gain the ability to swim smoothly over greater distances. Swimmers will also have the option to participate in more advanced courses.



Mommy & Me Swim Time
 Tuesday's & Thursday's
 11:00-11:50 am

Town of Fort Kent Recreation & Parks Department 2023 Summer Program



Co-Ed Soccer - Riverside Park
Mon - Wed - Fri

8:30 - 9:20 for ages 5-8
Skill building with games mixed in!

9:30 - 10:20 for ages 9-14
Skill refinement along with more advanced skill building.



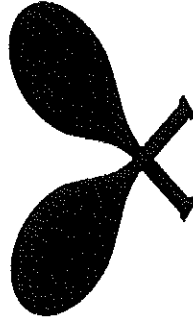
Co-Ed Flag Football - Riverside Park
Mon - Wed - Fri

10:30 - 11:20 for ages 9-14
Learn the rules and learn how to play

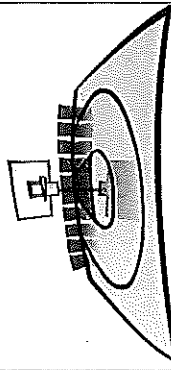
Co-Ed Street Hockey - Riverside Park
Mon - Wed - Fri

10:30 - 11:20 for ages 5-10
Come play and have some fun!

Co-Ed Pickleball - Riverside Park
Mon - Wed - Fri



10:30 - 11:20 for ages 9-14
Never played? Come give it a try!

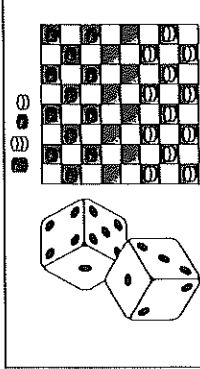


Co-Ed Basketball - Riverside Park
Mon - Wed - Fri

8:30 - 9:20 for ages 9-14
Skill sharpening with advanced skills gained.

9:30 - 10:20 for ages 5-8
Fundamental skill introduction and development

Town of Fort Kent Recreation & Parks Department 2023 Summer Program



Board Games - Riverside Park
Mon - Wed - Fri

8:30 - 9:20 for ages 5-8
9:30 - 10:20 for ages 9-14
Come play checkers, battleship and many more games. We have lots of games, but feel free to bring your favorites from home also.

Minute-to-Win-It Games - Riverside Park
Mon & Fri

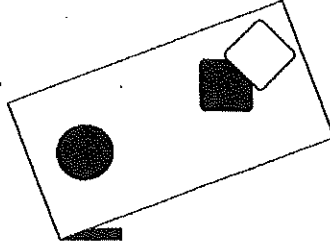
1:30 - 2:20 for ages 5-14
You've seen the gameshow. Now try the games!

Tag Games - Riverside Park
Mon - Wed - Fri

12:30 - 1:20 for ages 5-9
Freeze tag, sharks & minnows and many more variations of playing tag!

Cornhole - Riverside Park
Mon - Wed - Fri

9:30 - 10:20 for ages 7-14
2:30 - 3:20 for ages 7-14
Don't know the rules or how to play? No worries, we will teach you.



Nature Hike - Riverside Park
Mon - Wed - Fri

8:30 - 9:20 for ages 5-14
Take little strolls on the many trails around Riverside Park.

**NEW PROGRAM:
Dance - Riverside Park**
Mon - Wed - Fri



9:30 - 10:20 for ages 5-14
Learn dance with Rebekah and crew! The goal is to put on an end of summer show!

Town of Fort Kent Recreation & Parks Department 2023 Summer Program

Quiz Show - Riverside Park
Mon & Fri
 2:30 - 3:20 for ages 7-14
 General knowledge, name that tune, etc!

Yoga - Riverside Park
Mon - Wed - Fri



10:30 - 11:20 for ages 6-14

Track & Field Events - Riverside Park
Mon - Wed - Fri

10:30 - 11:20 for ages 5 - 10
 Sprints, Relay, Softball Toss, and much more!



Badminton - Riverside Park
Mon & Fri

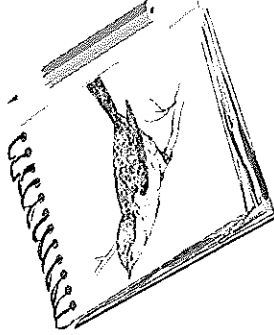
12:30 - 1:20 for ages 5 - 14



Town of Fort Kent Recreation & Parks Department 2023 Summer Program

Arts & Crafts - Jaiibert Park
Tue & Thur

8:30 - 9:20 for ages 5-8
 9:30 - 10:20 for ages 9-13
 Make you own bead necklaces, birdhouses, puppets, and much much more.

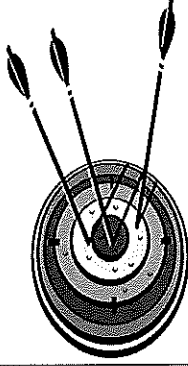


Drawing & Painting - Jaiibert Park
Tue & Thur

8:30 - 9:20 for ages 9-14
 9:30 - 10:20 for ages 5-8
 Learn how to draw and paint on various materials, from sketch pads to canvas, etc.

Science & Mythbusters - Jaiibert Park
Tue & Thur

9:30 - 10:20 for ages 9-14
 10:30 - 11:20 for ages 5-8
 Explore science and see if we can test and bust some myths!



Archery - Jaiibert Park
Tue & Thur

9:30 - 10:20 for ages 7-10
 10:30 - 11:20 for ages 11-14
 First time or refreshing skills, come sharpen your skills. We have all the equipment you need

Dodgeball - Jaiibert Park
Tue & Thur

10:30 - 11:20 for ages 6-9
 12:30 - 1:20
 Come play fast paced dodgeball games!

Kickball - Jaiibert Park
Tue & Thur

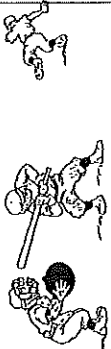
10:30 - 11:20 (age 9 - 14)
 12:30 - 1:20
 Join us for an old fashioned game of kickball

Town of Fort Kent Recreation & Parks Department 2023 Summer Program

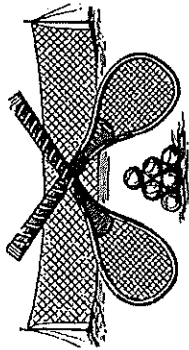
Baseball - Jalbert Park
Tue & Thur

9:30 - 10:20 for ages 7-9
 10:30 - 11:20 for ages 10-14

Come learn fundamentals, build skills, and play fun games too.



Tennis - Jalbert Park
Tue & Thur

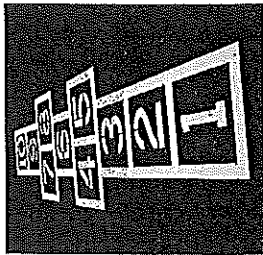


8:30 - 9:20 for ages 5-9
 9:30 - 10:20 for ages 10-14

Beginner to advanced come play. We will split you into groups during the lessons.

School Yard Games - Jalbert Park
Tue & Thur

8:30 - 9:20 (ages 5 - 14)
 1:30 - 2:20



Come play games, home run derby, and other fun games.

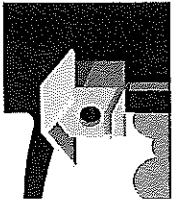
Town of Fort Kent Recreation & Parks Department 2023 Summer Program

T-Ball - Jalbert Park
Tue & Thur

8:30 - 9:20 for ages 4-6

Come learn the basics in a fun environment.

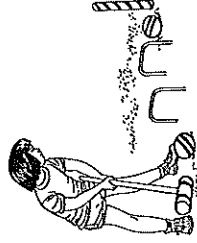
Hobby Projects - Jalbert Park
Tue & Thur



1:30 - 2:20 for ages 5 - 14

Do hands-on projects like building bird houses, etc.

Backyard Games - Jalbert Park
Tue & Thur




2:30 - 3:20

Come play backyard classics, like ladderball, bocci ball, croquet, etc.

Wiffle Ball - Jalbert Park
Tue & Thur

1:30 - 2:20



Come play games, home run derby, and other fun games.